

الرقية الشرعية
من

الكتاب والحنّة النبوية

جمع وإعداد

أبي عبد الله طالب الخالدي

Islamic Healing & Ruqiyah

from the Quran & Sunnah

Written & Compiled by
Sheikh Abu Abdullah Taleb

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‘MAGIC IS DISBELIEF & LEARNING IT IS KUFR’

IBN HAJAR, FATH AL-BARI 10/195

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INTRODUCTION

All praise is due to Allah ﷻ Lord of the worlds and peace and blessings be upon Prophet Mohammed ﷺ who was sent as a mercy to mankind. From the wisdom of Allah ﷻ is that he created man and placed him in distress and made the life of this world a place of misery, unhappiness and hardship.

Allah ﷻ has warned us of being pleased with the life of this world; it will perish. He encouraged the believers to yearn and strive for the hereafter. Wherein there is a new life without Death, illness or Misery. A Jannah with endless Happiness, Peace and Tranquility.

Allah ﷻ has made belief in the unseen one of the Six Pillars of Faith. It requires a Muslim to believe in the unseen creation invisible to the naked eye, as ordered by the Quran and Sunnah. For example: Believe in Jinn, the Angels and Qadar (the Good and the Bad). Difficulties occur to all human beings, both Muslims and non-Muslims. We are all tested by some sort of struggle, inflicted from Magicians, Charlatans, Envy or from an Evil Eye.

The Unseen Jinn cause disturbance taking control of humans either by molesting them or by entering human bodies. These evil practices have become widespread in our time and Islam has directed us to the cure by utilising the Quran & Sunnah.

The Noble Prophet Muhammed ﷺ said:

'It is permitted to perform Ruqiyah provided it is not Shirk'

SAHIH MUSLIM

The aim of this book is to Fight, Protect and Heal ourselves from Evil originating from Magic, Jinn's, Spells, Potions and the Evil Eye.

Insha'allah these problems can be cured by following supplications from Quranic ayats and Dua's from the Sunnah, explained in the following pages.

TYPES OF RUQIYAH

Two Types of Ruqiyah:

Ruqiyah is of Two Types: One utilises Quran & Sunnah, the other is Shirk.

Shirk: (associating partners with Allah ﷻ) is Forbidden.

Taking you out of the fold of Islam.

Conditions of Ruqiyah by Quran & Sunnah:

The Quran & Sunnah procedure has stringent guidelines:

- Ruqiyah must be performed with the words of Allah ﷻ i.e. Quran; or by his supreme names and attributes.
- Ruqiyah should be performed in Arabic and a language you understand.
- You must believe Ruqiyah in itself is only a means to a cure.
All cure is from Allah ﷻ alone.
- Hadith Scholar IBN HAJAR said:

“All of the Scholars have agreed upon the permissibility of Ruqiyah, provided the above conditions are met” FATH Al Bari (10/602)

Islamic law warns you to take care when performing Ruqiyah; so that we do not indulge into the practices of the Magicians and Charlatans. Prophet ﷺ said:

‘They are not from us who believe in evil omens or tell people to believe in them. The Soothsayer or the one who seeks help from, or goes to them. The Magician or the one who seeks help or goes to them’

Ruqiyah which is Shirk:

Allah ﷻ forgives any sin except for committing Shirk. Seeking protection or calling others for help besides Allah ﷻ is a terrible sin. For example: In calling for help & protection in names of Spirits, Angels, Saints, Peers, Muhammed ﷺ and other prophets are all Shirk.

Supplicating to others besides Allah ﷻ is Ash-Shirk Al-Akbar, the greatest Shirk. When this ritual is performed it is without substance, and maybe carried out in a language you don't recognise. Hence engaging partners with Allah ﷻ and you can be unaware of this fact. This type of Ruqiyah is the most heinous crime, categorically against Allah ﷻ and his Lordship over everything.

TAWEEZ & MAGIC

Amulets (Taweez):

Taweez can be traced back to the Bedouins in Arabia. They used to hang Amulets around their children's necks believing that this will protect them from the Evil Eye or from the harm of animals. When Islam arrived it outlawed and forbade this ridiculous practice.

The Hadith Scholar IBN HAJAR said in his book 'FATH AL-BARI': 10/602

'An Amulet is either a necklace or a piece of leather-like shoelace placed around the neck, from the times of ignorance (pre-Islam) that the people believed would protect the individual from all evil . The correct opinion from the sayings of the companions of the Prophet ﷺ is that they used to stop the people using them and warn against the use of these talismans; as they can lead to polytheism (Shirk). Also, to firmly close the door on all of the Liars, and Charlatans, so that they are unable to lead anyone astray'

The Prophet Mohammed ﷺ said:

'Verily the use of Amulets and Magic is Polytheism'

NARRATED BY IMAM AHMAD & ABU DAWOOD.

Amulets in the form of Taweez have again cropped up in our communities & become very wide spread in our times between the Muslims, especially amongst nations who don't understand the arabic language.

For example, charred remains of fire, are today commonly seen as pieces of black cloth that people have tied to their cars or worn around their necks & wrists; believing that it will ward off the evil eye. All of these articles & charms are Forbidden under Islamic law.

Magic:

The definition of Magic includes; Spells, Incantations and Tying of Knots.

These practices influence the heart & bodies causing illness and in more serious cases death. Magic causes division between husband and wife, hence creating arguments and hatred in family relationships.

Allah ﷻ says in the Quran: SURAH AL-BAQARAH 2:102

'And they teach them how to cause division between husband and wife'

The affliction of magic is confirmed in the Quran and Sunnah, consensus of the scholars, and many other Hadith.

CURE FOR MAGIC & EVIL EYE

Halal & Haraam Route to Cure Magic:

HARAAM ROUTE: Curing Magic by seeking help & advice of Magicians, Soothsayers, and Charlatans to remove your problems. This technique is Forbidden in Islam by the saying of the Messenger of Allah ﷺ: NARRATED ABDULLAH IBN MASUD رَضِيَ اللَّهُ عَنْهُ

‘Whoever goes to a Magician or Soothsayer and accepts what they say as the truth has disbelieved in what was revealed to Muhammad ﷺ’ (AL-BAZZAR)

HALAAL ROUTE: Utilising Quran & Sunnah, exceptionally practical and permissible. This way ensures the extermination and destruction of evils and items used to conjure Magic; as demonstrated by Prophet Muhammad ﷺ.

Quran & Sunnah technique ensures the elimination of the possessing Jinn responsible for Magic to the human body. This discharges the Jinn from the body through excretion; either by diarrhoea, vomiting or cupping (AL-HIJAMAH).

EVIL EYE

Evil Eye:

Evil eye in Arabic means ‘Al-Ain’, the individual targets a person to be hurt by an evil eye. Victims of the evil eye become deficient in some way, the same can be attributed to those targeted by Amulets (TAWEEZ).

IMAM IBN UL-QAYYIM said in his book, ‘ZAAD AL MAAD’ :

‘It is the arrows that are taken out from the soul of the envious individual and then fired upon the one who is being envied; the subject of the evil eye. This individual maybe affected by this sometimes; and manage to escape at other times. If affected by this, there will be no protection from its evil effect and so it is imperative to protect yourself with the best defence. Sometimes these arrows return to the envier, and this evil eye makes him suffer the same negative physical actions to the body and soul as he had originally intended’

EVIL EYE

Types of Evil Eye:

The eye of a human: originates from a human being, as is evident from the statement of Prophet Muhammed ﷺ :

“The one who knows in great detail his brother’s affairs can harm him”

NARRATED BY IMAM MALIK IN HIS AL-MUWATTA

The eye of Jinn: This originates from a Jinn, and the evidence for this is the NARRATION OF UMM SALAMAH رضي الله عنها said: **“The Prophet Mohammed ﷺ saw in her house a slave girl with discolourations on her face and said perform Ruqiyah for her she has been afflicted by the eye of a Jinn”** BUKHARI 7/635

EPILEPSY & PHYSICAL CONTACT BY JINN

Epilepsy & Physical Contact by Jinn:

Touch of a Jinn upon a human being: Harm is inflicted towards a human either outside or from the inside of his/her body. The inside harm is more commonly caused by epilepsy.

Types of Symptoms:

- **Touch by Jinn in Entirety:** This affects the whole body and the afflicted may complain of cramps and nervous pain.
- **Touch by Jinn in Parts:** This affects the limbs like the arm or leg; or the tongue.
- **Touch by Jinn Continuously:** This is where the Jinn is in the body for a prolonged period of time.
- **Touch by Jinn Temporarily:** This is when the Jinn controls for small periods, lasting less than a minute. Most commonly felt as a pressure or squeeze occurring when asleep on the back; also Known as **‘AL-JATHOOM’**.

Seizures are from the Jinn and are of two types as described by IMAM IBN UL-QAYYIM quoted in his book ‘THE MEDICINE OF THE PROPHET ﷺ’

‘Convulsions are of Two Types: One from evil souls on earth and the evil act of unlawful sexual intercourse, the second recognised by modern medicine as fits with a known medical cause and cure’

SEIZURES BY JINN

Causes of Seizures & Fits:

Reasons of Seizures & Fits by Jinn:

- Fits caused by Jinn is a form of trial/tribulation from Allah ﷻ who from his wisdom puts His creation in trial and tribulation through afflictions; seizures are from one of them.
- This is test from Allah ﷻ for one who commits sins and crimes, every time a person moves away from the remembrance of their Lord and Creator. Satan will overwhelm their life & they become miserable.
- A Form of revenge by Jinn, when harmed or disturbed, i.e. By Urinating, pouring hot water, or by killing them. Jinn's are ignorant so retaliation is often oppressive & vengeful.
- Some fits are a result of love and desire of a Jinn towards a human.
- Magic sent from the Magician upon a person through a Jinn causing 'fits'.

PROTECTION FROM SUFFERING

Protect Yourself:

People try to protect themselves from afflictions of worldly life. Trials manifest by illness, cancers, accidents, depressions, any calamity that can cause injury or death. We don't know what will happen tomorrow but we can have pre-emptive measures in place that will prevent some of these shortcomings.

Many Muslims fall short of this fact as we concentrate on the pre-emptive steps from a physical sense, and forget the means of protection that has been provided in the Quran and Sunnah.

We are concerned with treatment & prevention of these problems & calamities. As prescribed on the following pages.

May Allah ﷻ guide and protect you towards a full recovery Insha'allah.

PRACTICAL STEPS

Steps to protect Yourself from Evil

True Belief:

Truly believe that nobody can help you, except Allah ﷻ alone. If you attain goodness in anything, it is only by the permission of Allah ﷻ.

Most Muslims say ‘ لا اله الا الله ’ but are oblivious of the important value of the Kalimah. The Arabs understood the real significance of the Kalimah, its meaning and implication on their lives. For this reason the unbelievers did not say it and brutally attacked Muhammad ﷺ and his companions.

Follow the Quran and Sunnah:

Allah ﷻ said in the Quran:

‘And verily, this is my straight path, so follow it, and follow not (other) paths, for they will separate you away from this Path. This, He has ordained for you that you may become of the pious’ SURAH: AL-AN’AM 6:153

SHEIKH ABDUL RAHMAN AS-SAIDI said in his explanation of this verse:

- **‘This is my Straight Path’:** The rulings, and which are similar to it, Allah ﷻ has clarified in his book and made clear for his servants. The path that leads to the pleasure of Allah ﷻ and paradise, is the middle, easy, and short path.
- **‘Follow it’:** Win and gain Success and realise their hopes and joys.
- **‘Follow not the (Other) Paths’:** These are Paths Opposing the straight path to Jannah.
- **‘For they will Take you Away from this Path’:** A wrong path will lead you Astray and cause division amongst you from your left and right. If you become Astray you will be upon a path to Hellfire.
- **‘This He has ordained for you that you may become of the Pious’:** If you were to stick to what Allah ﷻ clarified for you both with knowledge & action you will become of the God fearing, pious slaves of Allah ﷻ who will be successful.

PRACTICAL STEPS

Offer Five Daily Prayers:

Allah ﷻ says to all of the polytheists about the cause of them entering the Hell-fire:

‘What caused you to enter Hell? They will say: We were not of those who used to offer their prayers’ SURAH AL-MUDDATHIR 74:42-43

How strange that Allah ﷻ has chosen the Muslim Ummah from all nations to set an example that have abandoned their Prayers!

The most important pillar of Islam, after saying ‘ لا اله الا الله ’

The first deed that a Muslim will be judged on the Day of Judgment from all of their actions will be their five daily prayers. Muslims in our communities are forgetful of their prayers and remembrance of Allah ﷻ; distracted with business, work or laziness. We have abandoned our own rights towards Allah ﷻ Our Creator.

‘O Allah our Lord, we ask you sincerely from our hearts to Forgive us and Help us when everything fails around us’

Trust in Allah:

Simply trust in Allah ﷻ for all your affairs & ask only from him. Truthfully turn to Allah ﷻ by sincere Tawbah & perform good deeds seeking his pleasure alone.

Read Duas Daily:

Being persistent of supplications for the Morning and Evening and before Sleeping, for there is much good and benefit in these actions.

Please Practice and Read the Dua's on the following pages compiled from the Quranic Ayats and authentic Hadith's of the Prophet ﷺ.

May the words from Allah's ﷻ book and the sayings of Mohammed ﷺ hasten you to a full and rapid recovery INSHA'ALLAH.



D U A ' S

Supplications against all Evil

From the Quran & Sunnah

SURAH AL-FATIHA

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ١ الرَّحْمَنِ
الرَّحِيمِ ٢ مَلِكِ يَوْمِ الدِّينِ ٣
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ٤
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ٥ صِرَاطَ
الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ٦ غَيْرِ
الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ٧

SURAH AL-BAQARAH: AYATS 1-5

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ الَّذِي هَدَى لِّلْمُتَّقِينَ ١
الَّذِينَ يُؤْمِنُونَ
بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا
رَزَقْنَاهُمْ يُنْفِقُونَ ٢ وَالَّذِينَ
يُؤْمِنُونَ بِمَا أُنْزِلَ
أُولَئِكَ عَلَى هُدًى مِّن رَّبِّهِمْ وَأُولَئِكَ هُمُ الْمُفْلِحُونَ ٣

SURAH AL-BAQARAH: AYAT: 102

وَاتَّبَعُوا مَا تَتْلُوا

الشَّيْطَانُ عَلَىٰ مُلْكٍ سُلِيمٍ ۖ وَمَا كَفَرَ سُلَيْمٌ
وَلَكِنَّ الشَّيْطَانِ كَفَرُوا يُعَلِّمُونَ النَّاسَ السِّحْرَ ۖ وَمَا
أُنْزِلَ عَلَى الْمَلَكَيْنِ بِبَابِلَ هَارُوتَ وَمَارُوتَ ۖ
وَمَا يَعْلَمَانِ مِنْ أَحَدٍ حَتَّى يَقُولَا إِنَّمَا نَحْنُ فِتْنَةٌ
فَلَا تَكْفُرْ ۖ فَيَتَعَلَّمُونَ مِنْهُمَا مَا يُفَرِّقُونَ بِهِ
الْمَرْءَ وَزَوْجَهُ ۖ وَمَا هُمْ بِضَارِّينَ بِهِ مِنْ أَحَدٍ إِلَّا
بِإِذْنِ اللَّهِ ۖ وَيَتَعَلَّمُونَ مَا يَضُرُّهُمْ وَلَا يَنْفَعُهُمْ ۖ
وَلَقَدْ عَلِمُوا لَمَنِ اشْتَرَاهُ مَا لَهُ فِي الْآخِرَةِ مِنْ
خَلَقٍ ۖ وَلَيْئَسَ مَا شَرَوْا بِهِ أَنْفُسَهُمْ لَوْ كَانُوا
يَعْلَمُونَ ﴿١٠٢﴾

SURAH AL-BAQARAH: : AYATS 163-164

وَالْهَكْمُ إِلَهُ ۖ وَاحِدٌ ۚ لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ
الرَّحِيمُ ﴿١٦٣﴾ إِنَّ فِي خَلْقِ السَّمَوَاتِ وَالْأَرْضِ وَ
اِخْتِلَافِ اللَّيْلِ وَالنَّهَارِ وَالْفُلْكِ الَّتِي تَجْرِي
فِي الْبَحْرِ بِمَا يَنْفَعُ النَّاسَ وَمَا أَنْزَلَ اللَّهُ مِنَ
السَّمَاءِ مِنْ مَّاءٍ فَأَحْيَا بِهِ الْأَرْضَ بَعْدَ مَوْتِهَا
وَبَثَّ فِيهَا مِنْ كُلِّ دَابَّةٍ ۖ وَتَصْرِيفِ الرِّيْحِ وَ
السَّحَابِ الْمُسَخَّرِ بَيْنَ السَّمَاءِ وَالْأَرْضِ لَا يَتَّبِعُ
لِقَوْمٍ يَعْقِلُونَ ﴿١٦٤﴾

۞ اللَّهُ لَا إِلَهَ إِلَّا
هُوَ ۚ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۚ
لَهُ مَا فِي السَّمٰوٰتِ وَمَا فِي الْأَرْضِ ۚ مَنْ ذَا
الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ مَا بَيْنَ
أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ
عِلْمِهِ إِلَّا بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَ
الْأَرْضَ ۚ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ
الْعَظِيمُ ۞

SURAH BAQARAH: AYATS 285-286

۞ أَمِنَ الرَّسُولُ بِمَا أُنزِلَ
إِلَيْهِ مِنْ رَبِّهِ ۚ وَالْمُؤْمِنُونَ ۚ كُلٌّ أَمِنَ بِاللَّهِ
وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ ۚ لَا نُفَرِّقُ بَيْنَ أَحَدٍ
مِّنْ رُّسُلِهِ ۚ وَقَالُوا سَمِعْنَا وَأَطَعْنَا ۚ غُفْرَانَكَ
رَبَّنَا ۚ وَإِلَيْكَ الْمَصِيرُ ۞ لَا يُكَفِّرُ اللَّهُ نَفْسًا إِلَّا
وُسْعَهَا ۚ لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ ۚ
رَبَّنَا لَا تُؤَاخِذْنَا إِن تَسِينَا أَوْ أَخْطَأْنَا ۚ رَبَّنَا
وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ
مِن قَبْلِنَا ۚ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۚ
وَاعْفُ عَنَّا ۚ وَاعْفِرْ لَنَا ۚ وَارْحَمْنَا ۚ أَنْتَ مَوْلَانَا
فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ۞ *

SURAH AL-IMRAN: AYATS 18-19

۞ شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ ۖ وَ
الْمَلَكَةُ وَأُولُوا الْعِلْمِ قَائِمًا بِالْقِسْطِ ۚ لَا إِلَهَ إِلَّا
هُوَ الْعَزِيزُ الْحَكِيمُ ۞ إِنَّ الدِّينَ عِنْدَ اللَّهِ الْإِسْلَامُ ۚ
وَمَا اخْتَلَفَ الَّذِينَ أُوتُوا الْكِتَابَ إِلَّا مِنْ بَعْدِ
مَا جَاءَهُمُ الْعِلْمُ بَغْيًا بَيْنَهُمْ ۚ وَمَنْ يَكْفُرْ
بِآيَاتِ اللَّهِ فَإِنَّ اللَّهَ سَرِيعُ الْحِسَابِ ۞

SURAH MAIDAH: AYATS 72-74

۞ لَقَدْ كَفَرَ الَّذِينَ قَالُوا
إِنَّ اللَّهَ هُوَ الْمَسِيحُ ابْنُ مَرْيَمَ ۚ وَقَالَ الْمَسِيحُ
يَبْنَىٰ إِسْرَءِيلَ ۖ اعْبُدُوا اللَّهَ رَبِّي وَرَبَّكُمْ ۚ
إِنَّهُ مَنْ يَشْرِكْ بِاللَّهِ فَقَدْ حَرَّمَ اللَّهُ عَلَيْهِ
الْجَنَّةَ وَمَأْوَاهُ النَّارُ وَمَا لِلظَّالِمِينَ مِنْ أَنْصَارٍ ۞
لَقَدْ كَفَرَ الَّذِينَ قَالُوا إِنَّ اللَّهَ ثَلَاثَةٌ ۚ
ثَلَاثَةٌ ۚ وَمِنْ إِلَهِ إِلَّا إِلَهُ وَاحِدٌ ۚ وَإِنْ
لَمْ يَدْنِهِمْ عَمَّا يَقُولُونَ لَيَمَسَّنَّ الَّذِينَ كَفَرُوا
مِنْهُمْ عَذَابُ الْيَمِّ ۞ أَفَلَا يَتُوبُونَ إِلَى
اللَّهِ وَيَسْتَغْفِرُونَ ۚ وَاللَّهُ غَفُورٌ رَحِيمٌ ۞

SURAH AL -ARAF: AYATS 54-56

إِنَّ رَبَّكُمُ اللَّهُ الَّذِي خَلَقَ السَّمَوَاتِ وَالْأَرْضَ
فِي سِتَّةِ أَيَّامٍ ثُمَّ اسْتَوَىٰ عَلَى الْعَرْشِ ۚ يُغْشَى
الَّيْلَ النَّهَارَ يَطْلُبُهُ حَثِيثًا ۚ وَالشَّمْسُ وَالْقَمَرُ
وَالنُّجُومُ مُسَخَّرَاتٌ بِأَمْرِهِ ۗ أَلَا لَهُ الْخَلْقُ وَالْأَمْرُ ۗ
تَبَارَكَ اللَّهُ رَبُّ الْعَالَمِينَ ﴿٥٤﴾ اُدْعُوا رَبَّكُمْ
تَضَرُّعًا وَخُفْيَةً ۗ إِنَّهُ لَا يُحِبُّ الْمُبْتَدِينَ ﴿٥٥﴾
وَلَا تُفْسِدُوا فِي الْأَرْضِ بَعْدَ إِصْلَاحِهَا وَادْعُوهُ خَوْفًا
وَطَمَعًا ۗ إِنَّ رَحْمَتَ اللَّهِ قَرِيبٌ مِّنَ الْمُحْسِنِينَ ﴿٥٦﴾

SURAH AL -ARAF: AYATS 117-122

﴿١١٧﴾ وَأَوْحَيْنَا إِلَىٰ مُوسَىٰ أَنْ أَلْقِ عَصَاكَ ۖ فَإِذَا
هِيَ تَلْقَفُ مَا يَأْفِكُونَ ﴿١١٨﴾ فَوَقَعَ الْحَقُّ وَبَطَلَ مَا
كَانُوا يَعْمَلُونَ ﴿١١٩﴾ فَغَلَبُوا هَنَالِكَ وَانْقَلَبُوا
صَغِيرِينَ ﴿١٢٠﴾ وَأَلْقَى السَّحَرَةُ سَجْدِينَ ﴿١٢١﴾ قَالُوا
أَمَنَّا بِرَبِّ الْعَالَمِينَ ﴿١٢٢﴾ رَبِّ مُوسَىٰ وَهَارُونَ ﴿١٢٣﴾

SURAH YUNUS: AYATS 77-82

﴿٧٧﴾ قَالَ مُوسَىٰ أَتَقُولُونَ

لِلْحَقِّ لَمَّا جَاءَكُمْ أَسِحْرُ هَٰذَا وَلَا يُفْلِحُ السَّحَرُونَ ﴿٧٨﴾

قَالُوا أَجِئْتَنَا لِنَلْفِتْنَا عَمَّا وَجَدْنَا عَلَيْهِ

أَبَاءَنَا وَتَكُونُ لَكُمَا الْكِبْرِيَاءُ فِي الْأَرْضِ ۖ وَمَا

نَحْنُ لَكُمَا بِمُؤْمِنِينَ ﴿٧٩﴾ وَقَالَ فِرْعَوْنُ اسْتَوْنِي

بِكُلِّ سِحْرٍ عَلِيمٍ ﴿٨٠﴾ فَلَمَّا جَاءَ السَّحَرَةُ قَالَ

لَهُمْ مُوسَىٰ الْقَوَامَ مَا أَنْتُمْ مُلْقُونَ ﴿٨١﴾ فَلَمَّا أَلْقَوْا

قَالَ مُوسَىٰ مَا جِئْتُمْ بِهِ السَّحَرُ إِنَّ اللَّهَ

سَيَبْطِلُهُ ۖ إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ ﴿٨٢﴾

وَيُحِقُّ اللَّهُ الْحَقَّ بِكَلِمَاتِهِ وَلَوْ كَرِهَ الْمُجْرِمُونَ ﴿٨٣﴾

SURAH TA-HA: AYAT: 68-69

﴿٦٨﴾ قُلْنَا لَا تَخَفْ إِنَّكَ أَنْتَ

الْأَعْلَى ﴿٦٩﴾ وَأَلْقِ مَا فِي يَمِينِكَ تَلْقَفْ مَا صَنَعُوا ۖ

إِنَّمَا صَنَعُوا كَيْدُ سِحْرٍ وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى ﴿٧٠﴾

SURAH MUMINOON: AYATS 115-118

﴿١١٣﴾ أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ
عَبَثًا وَأَنتُمْ إِلَيْنَا لَاتَرْجِعُونَ ﴿١١٥﴾ فَتَعَالَى الْمَلِكُ
الْحَقُّ لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ ﴿١١٦﴾ وَمَنْ
يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا بُرْهَانَ لَهُ بِهِ ۚ فَإِنَّمَا
حِسَابُهُ عِنْدَ رَبِّهِ إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ ﴿١١٧﴾ وَقُلْ
رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ ﴿١١٨﴾

SURAH SAFFAT: AYATS 1-10

وَالصَّفَّاتِ صَفًّا ۚ فَالزُّجَرِ زَجْرًا ۚ فَالتَّالِيَاتِ
ذِكْرًا ۚ إِنَّ إِلَهَكُمْ لَوَاحِدٌ ۚ رَبُّ السَّمَوَاتِ وَالْأَرْضِ
وَمَا بَيْنَهُمَا وَرَبُّ الْمَشَارِقِ ۚ إِنَّا زَيَّنَّا السَّمَاءَ الدُّنْيَا
بِزِينَةٍ الْكَوَاكِبِ ۚ وَحِفْظًا مِّنْ كُلِّ شَيْطَانٍ مَّارِدٍ ۚ
لَّا يَسْمَعُونَ إِلَى الْمَلَأِ الْأَعْلَىٰ وَيُقَذَّفُونَ مِّنْ كُلِّ
جَانِبٍ ۚ دُحُورًا وَلَهُمْ عَذَابٌ وَاصِبٌ ۚ إِلَّا مَنْ
خِطَفَ الْخُطْفَةَ فَاتَّبَعَهُ شَهَابٌ ثَاقِبٌ ۚ

SURAH SAFFAT: AYATS 158

وَجَعَلُوا بَيْنَهُ وَبَيْنَ الْجَنَّةِ نَسَبًا وَلَقَدْ عَلِمَتِ الْجِنَّةُ
أَنَّهُمْ لَمُحَضَّرُونَ ﴿١٥٨﴾

SURAH AHQAF: AYATS 29 - 32

﴿٢٨﴾ وَإِذْ

صَرَفْنَا إِلَيْكَ نَفَرًا مِّنَ الْجِنِّ يَسْتَمِعُونَ الْقُرْآنَ
فَلَمَّا حَضَرُوهُ قَالُوا أَنصِتُوا فَلَمَّا قُضِيَ وَلَّوْا
إِلَىٰ قَوْمِهِمْ مُّنْذِرِينَ ﴿٢٩﴾ قَالُوا يَقَوْمُنَا إِنَّا سَمِعْنَا
كِتَابًا أَنْزَلَ مِنْ بَعْدِ مُوسَىٰ مُصَدِّقًا لِّمَا بَيْنَ
يَدَيْهِ يَهْدِي إِلَى الْحَقِّ وَإِلَى طَرِيقٍ مُّسْتَقِيمٍ ﴿٣٠﴾
يَقَوْمُنَا ابْتَغُوا دَاعِيَ اللَّهِ وَامْنُوا بِهِ يَغْفِرَ لَكُمْ
مِّن ذُنُوبِكُمْ وَيُجِرْكُمْ مِّنْ عَذَابِ أَلِيمٍ ﴿٣١﴾ وَمَنْ لَا
يُجِبْ دَاعِيَ اللَّهِ فَلَيْسَ بِمُعِجِزٍ فِي الْأَرْضِ وَ
لَيْسَ لَهُ مِن دُونِهِ أَوْلِيَاءُ أُولَٰئِكَ فِي ضَلَالٍ
مُّبِينٍ ﴿٣٢﴾

SURAH AR-RAHMAN: AYATS 33-38

﴿يَمْعَشَرُ الْجِنَّ وَالْإِنْسَ إِنِ اسْتَطَعْتُمْ
أَنْ تَنْفِذُوا مِنْ أَقْطَارِ السَّمَوَاتِ وَالْأَرْضِ
فَأَنْفِذُوا وَلَا تَنْفِذُوا إِلَّا بِأَمْرِ رَبِّكُمْ ۚ
رَبُّكُمْ شَكَّ مِنْكُمْ ۚ يُرْسِلُ عَلَيْكُمْ شَوَاطِئَ مِنْ
ثَارِهِ وَنُحَاسًا فَلَا تَنْتَصِرُونَ ۚ﴾ ﴿فَبِأَيِّ آلَاءِ رَبِّكُمَا
تُكَذِّبِينَ ۚ﴾ ﴿فَإِذَا انشَقَّتِ السَّمَاءُ فَكَانَتْ وَرْدَةً
كَالدِّهَانِ ۚ﴾ ﴿فَبِأَيِّ آلَاءِ رَبِّكُمَا تُكَذِّبِينَ ۚ﴾

SURAH AL-HASHR: AYAT 21-24

﴿لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ
لَرَأَيْتَهُ خَاشِعًا مُتَصَدِّعًا مِنْ خَشْيَةِ اللَّهِ ۚ
وَتِلْكَ الْأَمْثَالُ لَضَرِبُهَا لِلنَّاسِ لَعَلَّهُمْ
يَتَفَكَّرُونَ ۚ﴾ ﴿هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ
عِلْمُ الْغَيْبِ وَالشَّهَادَةِ ۚ هُوَ الرَّحْمَنُ الرَّحِيمُ ۚ﴾ ﴿هُوَ اللَّهُ
الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ
السَّلَامُ الْمُؤْمِنُ الْمُهِيمُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ ۚ
سُبْحَنَ اللَّهِ عَمَّا يُشْرِكُونَ ۚ﴾ ﴿هُوَ اللَّهُ الْخَالِقُ الْبَارِئُ
الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى ۚ يُسَبِّحُ لَهُ مَا فِي
السَّمَوَاتِ وَالْأَرْضِ ۚ وَهُوَ الْعَزِيزُ الْحَكِيمُ ۚ﴾

SURAH AL-QALAM: AYATS 51-52

وَأِنْ يَّكَادُ الَّذِينَ كَفَرُوا لَيُزْلِقُونَكَ بِأَبْصَارِهِمْ
لَمَّا سَمِعُوا الذِّكْرَ وَيَقُولُونَ إِنَّهُ لَمَجْنُونٌ ۝
وَمَا هُوَ إِلَّا ذِكْرٌ لِلْعَالَمِينَ ۝

SURAH AL-JINN: AYAT: 1-9

قُلْ أُوحِيَ إِلَيَّ أَنَّهُ اسْتَمَعَ نَفَرٌ مِّنَ الْجِنِّ فَقَالُوا
إِنَّا سَمِعْنَا قُرْآنًا عَجَبًا ۝ يَهْدِي إِلَى الرُّشْدِ
فَأَمَّا بِهِ ۖ وَلَنْ نُشْرِكَ بِرَبِّنَا أَحَدًا ۝ وَأَنَّهُ
تَعَالَى جَدُّ رَبِّنَا مَا اتَّخَذَ صَاحِبَةً وَلَا وَلَدًا ۝
وَأَنَّهُ كَانَ يَقُولُ سَفِيهُنَا عَلَى اللَّهِ شَطَطًا ۝
وَأَنَّا ظَنَنَّا أَن لَّنْ تَقُولَ الْإِنسُ وَالْجِنُّ عَلَى اللَّهِ
كَذِبًا ۝ وَأَنَّهُ كَانَ رِجَالٌ مِّنَ الْإِنسِ يَعُوذُونَ
بِرِجَالٍ مِّنَ الْجِنِّ فَزَادُوهُمْ رَهَقًا ۝ وَأَنَّهُمْ ظَنُّوا
كَمَا ظَنَنْتُمْ أَن لَّنْ يَبْعَثَ اللَّهُ أَحَدًا ۝ وَأَنَّا لَمَسْنَا
السَّمَاءَ فَوَجَدْنَاهَا مُلْتَأَتٍ حَرَسًا شَدِيدًا وَشُهَبًا ۝
وَأَنَّا كُنَّا نَقْعُدُ مِنْهَا مَقَاعِدَ لِلسَّمْعِ ۖ فَمِنْ
يَسْمَعِ الْآنَ يَجِدُ لَهُ شُهَابًا رَّصَدًا ۝

SURAH KAFIROON:

قُلْ يَا أَيُّهَا الْكَافِرُونَ ۝ لَا أَعْبُدُ مَا تَعْبُدُونَ ۝ وَلَا
أَنْتُمْ عِبِدُونَ مَا أَعْبُدُ ۝ وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ۝ وَلَا
أَنْتُمْ عِبِدُونَ مَا أَعْبُدُ ۝ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ۝

SURAH AL-IKHLAAS:

قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ ۝ لَمْ يَلِدْ ۝ وَلَمْ
يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

SURAH AL-FALAQ:

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ۝ مِنْ شَرِّ مَا خَلَقَ ۝ وَ
مِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ۝ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي
الْعُقَدِ ۝ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ۝

SURAH AN-NAAS:

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ۝ مَلِكِ النَّاسِ ۝ إِلَهِ
النَّاسِ ۝ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ۝ الَّذِي يُوَسْوِسُ
فِي صُدُورِ النَّاسِ ۝ مِنَ الْجِنَّةِ وَالنَّاسِ ۝

DAILY SUPPLICATIONS TO BE RECITED MORNING & EVENING:

1. Read Ayatul Kursi One-time (Page 13)
2. Read Surah Al-Ikhlās, Surah Al-Falaq & Surah An-Naas ,
Three Times: (Page 21)
3. Read the following Dua's Three Times:

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

‘A’oothu bikalimaatil-laahit-taammaati min sharri maa khalaq’.

**I seek refuge in the Perfect Words of Allah from the evil of
what He has Created.**

WHOEVER RECITES THIS THREE TIMES IN THE EVENING WILL BE PROTECTED FROM INSECT STINGS (AT-TIRMIDHI 3/187)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillaahil-lathee laa yadhurru ma’as-mihi shay’un fil-’ardhi wa laa
fis-samaa’i wa Huwas-Samee ‘ul- ‘Aleem .

**In the Name of Allah, Who with His Name nothing can cause
harm in the earth nor in the heavens, and He is the
All-Hearing, the All-Knowing.**

REFERENCE: UTHMAN (R.A.) REPORTED THAT PROPHET MOHAMMAD (S.A.W.) HAS SAID THAT (NOTHING WILL HARM) THE
SERVANT WHO RECITES THESE WORDS THREE TIMES EVERY MORNING & EVENING. (AT-TIRMIDHI 5/465)

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ غَضَبِهِ وَعِقَابِهِ، وَشَرِّ عِبَادِهِ

وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَحْضُرُونِ

‘A’oothu bikalimaatil-laahit-taammaati min ghadhabihi wa ‘iqaabihi, wa
sharri ‘ibaadihi, wa min hamazaatish-shayaateeni wa ‘an yahdhuroon.

**I seek refuge in the Perfect Words of Allah from His anger
and His punishment, from the evil of His slaves and from
the taunts of devils and from their presence.**

REFERENCE: ABU DAWUD 4/12. SAHIH AT- TIRMITHI 3/171

DUAS BEFORE YOU SLEEP:

1. Perform Wudu like one is about to perform prayer. Read surah Al-Ikhlās, Al-Falaq & An-Nas (Page 21). Then lightly Spit into your hands & then wipe over your body, starting from head moving down to feet, (Repeat Three Times)
2. Read Ayat ul Kursi One-time (Page 13)
3. When the Prophet ﷺ wanted to lie down to sleep, he used to place his right hand under his cheek and Say..."

اللَّهُمَّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

Allaahumma qinee 'athaabaka yawma tab'athu 'ibaadaka.

'O Allah, save me from Your punishment on the Day that You resurrect Your slaves' (Recite three times in Arabic)

REFERENCE: ABU DAWUD 4/311 SAHIH AT-TIRMITHI 3/143.

HOW DO YOU USE QURAN SUPPLICATED WATER?

1. Drink three small Sips every day for Three Weeks.
2. Use a Teaspoon of Suppliated Water and Dilute with Clean Tap water. (Bathe with the Supplied Water daily for One Week).

HOW DO YOU USE QURAN SUPPLICATED OIL?

Use the Suppliated Oil by massaging the body twice every day where pain is experienced, and recite the following Three Times:

اللَّهُمَّ رَبَّ النَّاسِ أَذْهِبِ الْبَاسَ وَاشْفِ أَنْتَ الشَّافِي
لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءً لَا يُغَادِرُ سَقَمًا

'O Lord of the people, remove this pain and cure it, You are the one who cures and there is no one besides You who can cure, grant such a cure that no illness remains' BUKHARI & MUSLIM

دم ہوے پانی کو کیسے استعمال کیا جائے

تین چھوٹے گھونٹ پانی کے ہر روز پی لے، پورے تین ہفتوں کے لیے
دم ہوے پانی کے ساتھ ہر روز نہایا کرے، صرف ایک ہفتے کے لیے
تھوڑا سا دم ہوا پانی لے کر، زیادہ بنانے کے لیے عام صاف پانی
کے ساتھ ملا لیں اور پھر استعمال کریں

دم ہوے تیل کو کیسے استعمال کیا جائے

جب درد محسوس ہو، تو دم ہوے تیل کے ساتھ دو دفعہ دن میں صبح اور شام
بدن کے اوپر جہاں درد ہو، مالش کیا کریں اور پھر یہ سنن دعائیں بار بار پڑھیں

All praise is to Allah ﷻ alone and may He bestow His
peace and blessings on our Prophet Mohammed ﷺ, on
His Family, Companions and those who follow him in
righteousness until the Day of Judgement.

‘O MY SLAVES, WHO HAVE TRANSGRESSED AGAINST
THEMSELVES (BY COMMITTING EVIL DEEDS AND SINS)
DESPAIR NOT OF THE MERCY OF ALLAH; VERILY ALLAH
FORGIVES ALL SINS. TRULY HE IS OFT-FORGIVING,
MOST MERCIFUL’

Surah Az-Zumar 39:53

الرقية الشرعية
من

الكتاب والحنة النبوية

جمع وإعداد

أبي عبد الله طالب الخالدي

Islamic Healing & Ruqiyah
from the Quran & Sunnah

SUPPLICATIONS AGAINST:

Spells

Magic

Taweez

The Evil Eye

Seizures & Fits

Touches of Jinn

Possession of Jinn

Written & Compiled by

Sheikh Abu Abdullah Taleb